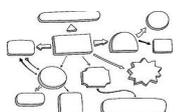


STRATEGY TIPS for LEARNERS

VISUAL - seeing	TACTILE / KINESTHETIC - touching, feeling, holding, doing
<p> colour-code, highlight, circle underline  words in your  </p> <p> colour, LAYOUT and DESIGN !!! write down everything you can so that you can LOOK at it later </p> <p> use drawings & sketches to illustrate ideas </p> <p>  </p> <p> → CONVERT INFO <u>into</u> ... </p> <p>  mind maps diagrams, graphs & charts, tables, </p> <p>  </p> <p> Posters FLASHCARDS + sticky notes, slides, maps, presentations, ... </p> <p>  videos = <u>subtitles</u> + Ⓜ / Ⓜ! </p> <p>  ORGANISE + <u>look through</u> materials </p> <p> make study area <u>visually</u> appealing  </p> <p> study in a quiet place away from visual disturbances </p> <p>  =  avoid glare lighting! </p>	<p> <u>keep your hands busy</u> when studying: use a pencil etc. to mark passages that are meaningful to you, <u>write</u> things down, <u>rewrite</u> them, <u>highlight</u>, <u>circle</u> them, <u>draw</u> charts or diagrams, <u>doodle</u> </p> <p> <u>take notes</u> transferring the information you learn to the margins of the book, into your journal, or onto a computer, include lots of <u>real-life examples</u> (e.g. case studies) in your notes </p> <p> use a <u>finger as a pointer</u> when reading, to trace words to learn spelling and to remember facts </p> <p> take advantage of <u>touch-screen technology</u> - tablets are portable, movable and manipulative :) </p> <p> when you work with <u>flashcards</u>, <u>shuffle</u> them, put them in piles, <u>spread</u> them out, or <u>stack</u> them as a way to organize your information </p> <p> <u>create</u> memory games, mindmaps, posters, slides, flashcards, etc. </p> <p> use the <u>computer</u> to <u>edit</u> and <u>rewrite</u> notes. </p> <p> <u>mold</u> a piece of clay/<u>play with</u> a stress ball to learn a new concept </p> <p> study in <u>short blocks</u> - you can't sit still for long periods of time so take regular breaks </p> <p> use <u>gestures</u>, <u>physical movement</u>, <u>hands-on</u> activities </p> <p> use a <u>non-distracting movement</u> while you study (e.g. tapping pencil, shaking foot, drumming fingers, holding something, etc.) </p> <p> <u>change positions: pace /walk /stand</u> as you study, study or brainstorm while walking or working out, record information to listen to while you are <u>walking, running or exercising</u> </p> <p> work at a whiteboard, poster or flip chart to list, <u>draw</u> or <u>write</u> information while you <u>stand</u> </p> <p> study in <u>different places</u> </p> <p> chew gum, <u>snack</u> etc. while studying </p>

AUDITORY - hearing	READ/WRITE - words
<p>talk / think aloud when you study</p> <p>read explanations & questions aloud</p> <p>repeat key points verbally</p> <p>answer workbook/comprehension questions orally</p> <p>speak in your own words - paraphrase</p> <p>work with a study partner so that you can discuss ask questions and talk things through</p> <p>take advantage of audio-visual materials - record lectures, use podcasts, audiobooks, watch videos and listen to them in the car, etc.</p> <p>take advantage of lectures, tutorials, group discussions, presentations</p> <p>use text-to-speech software</p> <p>read along with books-on-cd/mp3</p> <p>create rhymes, jingles or songs to help you remember information</p> <p>if you make flashcards read them out loud</p> <p>explain new ideas to other people, describe visuals to somebody who hasn't seen them</p>	<p>WORDS! WORDS! WORDS!</p> <p>read and write then reread and rewrite</p> <p>take detailed notes, read them frequently, and then rewrite them into different words</p> <p>rewrite concepts in your own words</p> <p>summarise graphs or diagrams into words</p> <p>highlight, underline, colour-code important words</p> <p>write lists, use bullet points, numbers, etc.</p> <p>pay special attention to textbook glossaries—better yet, make your own as you progress through a course</p> <p>rewrite explanations and notes out into your own words</p> <p>collect and store handouts</p>